



Grille de temps

DAMES	JUNIORS 1 2010		JUNIORS 2 2009		JUNIORS 3 2008		JUNIORS 4 2007		JUNIORS 5 et + (2006 et Av)	
	Tps 25m	Tps 50m	Tps 25m	Tps 50m	Tps 25m	Tps 50m	Tps 25m	Tps 50m	Tps 25m	Tps 50m
50 m NL	00.31.00	00.31.70	00.29.70	00.30.40	00.29.33	00.30.03	00.29.04	00.29.74	00.28.90	00.29.60
100 m NL	1.06.33	1.07.53	1.03.84	1.05.04	1.03.68	1.04.88	1.03.38	1.04.08	1.02.12	1.03.32
200 m NL	2.24.99	2.27.89	2.19.28	2.22.18	2.18.79	2.21.69	2.16.46	2.19.36	2.15.53	2.18.43
400 m NL	5.04.22	5.10.42	4.52.11	4.58.31	4.50.71	4.56.91	4.47.19	4.53.39	4.44.24	4.50.44
800 m NL	10.20.00	10.32.90	10.03.64	10.16.54	9.51.10	10.04.00	9.48.60	10.01.50	9.46.10	9.59.00
1500 m NL	19.55.34	20.19.84	19.05.50	19.30.00	18.50.50	19.15.00	18.45.50	19.10.00	18.40.50	19.05.00
50 m Dos	00.35.33	00.36.63	00.33.72	00.35.02	00.33.22	00.34.52	00.32.69	00.33.99	00.32.42	00.33.72
100 m Dos	1.15.92	1.18.22	1.12.65	1.14.95	1.11.69	1.13.99	1.10.48	1.12.78	1.10.18	1.12.48
200 m Dos	2.43.18	2.48.58	2.34.61	2.40.01	2.33.67	2.39.07	2.32.44	2.37.84	2.31.27	2.36.67
50 m Brasse	00.39.02	00.39.72	00.38.26	00.38.96	00.37.73	00.38.43	00.37.39	00.38.09	00.36.55	00.37.25
100 m Brasse	1.26.05	1.27.95	1.23.47	1.25.37	1.22.19	1.24.09	1.21.04	1.22.94	1.20.25	1.22.15
200 m Brasse	3.04.43	3.08.93	2.57.65	3.02.15	2.55.73	3.00.23	2.52.76	2.57.26	2.51.58	2.56.08
50 m Papillon	00.32.90	00.33.50	00.31.84	00.32.44	00.31.55	00.32.15	00.31.12	00.31.72	00.30.81	00.31.41
100 m Papillon	1.14.97	1.16.37	1.12.61	1.14.01	1.11.87	1.13.27	1.11.57	1.12.97	1.10.18	1.11.58
200 m Papillon	2.47.67	2.50.97	2.45.00	2.48.30	2.40.55	2.43.85	2.37.85	2.41.15	2.36.95	2.40.25
200 m 4 Nages	2.45.71	2.49.11	2.39.09	2.42.49	2.38.54	2.41.94	2.36.05	2.39.45	2.34.81	2.38.21
400 m 4 Nages	5.51.15	5.58.65	5.37.82	5.45.32	5.35.86	5.43.36	5.30.00	5.37.50	5.27.75	5.35.25

MESSIEURS	JUNIORS 1 2010		JUNIORS 2 2009		JUNIORS 3 2008		JUNIORS 4 2007		JUNIORS 5 et + (2006 et Av)	
	Tps 25m	Tps 50m	Tps 25m	Tps 50m	Tps 25m	Tps 50m	Tps 25m	Tps 50m	Tps 25m	Tps 50m
50 m NL	00.29.23	00.29.93	00.27.23	00.27.93	00.26.31	00.27.01	00.26.01	00.26.71	00.25.05	00.25.75
100 m NL	1.04.40	1.05.90	1.00.05	1.01.55	00.57.43	00.58.93	00.56.43	00.57.93	00.55.18	00.56.68
200 m NL	2.22.01	2.25.61	2.11.83	2.15.43	2.06.04	2.09.64	2.02.52	2.06.12	2.00.82	2.04.42
400 m NL	5.01.01	5.08.71	4.43.73	4.51.43	4.25.79	4.33.49	4.20.74	4.28.44	4.16.08	4.23.78
800 m NL	10.16.22	10.32.12	9.38.00	9.53.90	9.09.10	9.25.00	8.59.10	9.15.00	8.54.10	9.10.00
1500 m NL	19.53.75	20.23.85	18.25.00	18.55.10	17.39.90	18.10.00	17.24.90	17.55.00	17.14.90	17.45.00
50 m Dos	00.35.41	00.36.91	00.32.44	00.33.94	00.30.37	00.31.87	00.29.54	00.31.04	00.29.12	00.30.62
100 m Dos	1.17.18	1.20.18	1.09.11	1.12.11	1.04.20	1.07.20	1.03.81	1.06.81	1.02.23	1.05.23
200 m Dos	2.49.37	2.56.27	2.32.23	2.39.13	2.21.12	2.28.02	2.17.95	2.24.85	2.16.77	2.23.67
50 m Brasse	00.38.49	00.39.59	00.34.83	00.35.93	00.33.33	00.34.43	00.32.72	00.33.82	00.31.90	00.33.00
100 m Brasse	1.25.24	1.27.74	1.18.66	1.21.16	1.13.99	1.16.49	1.12.88	1.15.38	1.11.74	1.14.24
200 m Brasse	3.06.19	3.12.09	2.50.35	2.56.25	2.39.74	2.45.64	2.37.07	2.42.97	2.34.87	2.40.77
50 m Papillon	00.32.85	00.33.55	00.29.51	00.30.21	00.28.50	00.29.20	00.28.13	00.28.83	00.27.25	00.27.95
100 m Papillon	1.15.36	1.16.76	1.05.97	1.07.37	1.03.74	1.05.14	1.03.21	1.04.61	1.00.86	1.02.26
200 m Papillon	2.51.45	2.54.75	2.32.44	2.35.74	2.27.21	2.30.51	2.25.54	2.28.84	2.20.57	2.23.87
200 m 4 Nages	2.40.30	2.44.40	2.31.03	2.35.13	2.22.76	2.26.86	2.21.39	2.25.49	2.18.44	2.22.54
400 m 4 Nages	5.46.88	5.55.88	5.22.03	5.31.03	5.06.74	5.15.87	4.59.08	5.08.08	4.54.92	5.03.92